

As we are now in the new decade, one thing that I want to focus on is self improvement. Not just for myself, but for other people to do so as well. I believe that one thing we all need to do is improve upon ourselves this decade to make us better in the 2020's than in the 2010s. The problem is that this video is being made in January. Yeah, despite the fact that New Year's resolutions are done in January, no one really follows through with them.

That's because January is the most depressing time of the year. Why? I don't 100% know. In North Eastern America where I live, it's winter and it's snowing as this video is being made. Last year, "Blue Monday" was first coined, and it's basically the 3rd Monday of every January being the most depressing day of the whole year. Probably due to a collaboration of a lot of things.

Today's video is going to be about depression. And also suicide as a whole. You probably noticed that with the title of this video is about a friend of mine. So who is she? Her name is <REDACTED> We of Growing Around decided to keep her last name private to avoid doxxing. Her username is <Redacted>. And she's the reason why this video needed to be made.

Suicide as a whole has risen throughout the last decade. ESPECIALLY IN TEENAGERS! One of the biggest reasons why is that social media has become more mainstream as a whole. And at times, children 12 and under have started using social media, despite it being STRICTLY ILLEGAL to be on social media if you are under the age of 13. Yeah this video here, like every single other video on my Youtube channel, is only meant for an audience 13 and older.

<REDACTED> has been lately been on a depressed rant. This started from my knowledge at the beginning of December of 2019. It might have started earlier, but this is the earliest that I recall. Lately though <REDACTED> has been spamming everyone on the GA public and private servers.

To clarify here, on Discord, sometimes one person can have 2 servers. One for the public, where anybody 13+ (or 18+ in some cases.) can use it for free and fun and be able to talk to the main person of the server. And a private server where your closest friends and business people come in. I myself even do this. I have a public server for anyone 13+. And a private server 18+ meant for close friends and business.

So if <REDACTED> has been a nuisance, why don't we just block her and leave her in the dust? Well, it's easier to block someone that you have no personal attachment to like a troll. I mean, yes, we blocked her on both GA servers, and I have blocked her on all of my social media sites.

You see, she has actually been friends with us for a long time. I have had personal conversations with her since I believe summer of 2018. I wouldn't say that she was the one that I talked to the most on the server, but she wasn't the least. I have been on the server since I believe April of 2017. But didn't fully express myself/talk to others like say spring of 2018.

If <REDACTED> was just some random ass troll on the internet that we didn't give a fuck about started insulting all of us like if they used the words "Autism" as an insult, (and yes, that happened on the public server. That's how we found out that <REDACTED> has autism.) we could just block them right then and there. Problem solved. Nothing to be of loss. However, it's different when you know this person for years on end.

Oh and before I continue, <REDACTED> is NOT an underaged teenager girl that is sulking and making herself depressed to make us older adults look bad. She is older than I am. I am only 23 years old. She is 28. For reference sake, John is only 27. So she is older than the Mysterious Mr.Enter.

I bring this up because when you are older, you are supposed to be wiser. And by that logic, an older person should be giving wise and wiser logic to those younger than them. I am 5 years younger than <REDACTED>. I shouldn't be the one to give advice to HER! Her username is <Redacted>. And uh, let's just say that for a while, I used to think that she was 15. Because she unfortunately more or less ACTS 15! A person almost half her own age.

<REDACTED> is immature. But she is more on the depressed side. She has autism. But I don't allow autism to excuse her many fuck ups. We'll get to what <REDACTED> has been doing to me more personally towards the end of the video. There's a different subject that I wanted to talk about.

Remember the suicide mention? It's been increasing lately. And it usually gets caused by people spreading paranoia. My latest attempt was because of the COPPA shit back I believe in November of 2019. I had to go through therapy, talking to other people both at work and my family on this matter to fix it. Notice that I didn't say my "Online friends."

This is gonna be a hard band aid to pull, but it needs to be said: "We are not therapists."

Whenever someone idolizes someone and thinks they can do no wrong, they think that whatever comes out of their mouth is the thing that needs to be said. Like, THE thing! And no one else can interject something.

If the example isn't obvious yet, <REDACTED> has been listening to John, a little too much. And no, it's not John's fault in the slightest.

<REDACTED> self loathes and self deprecates. So let's talk about the autism part and how she uses that as an excuse. Many of the most intelligent and beloved people in the world has, or have had, autism. (Have had, implying that they are now dead.)

Dan Aykroyd – Comedic Actor

Hans Christian Andersen – Children's Author

Benjamin Banneker – African American almanac author, surveyor, naturalist, and farmer

Susan Boyle – Singer

Tim Burton – Movie Director  
Lewis Carroll – Author of “Alice in Wonderland”  
Henry Cavendish – Scientist  
Charles Darwin – Naturalist, Geologist, and Biologist  
Emily Dickinson – Poet  
Paul Dirac – Physicist  
Albert Einstein – Scientist & Mathematician  
Bobby Fischer – Chess Grandmaster  
Bill Gates – Co-founder of the Microsoft Corporation  
Temple Grandin – Animal Scientist  
Daryl Hannah – Actress & Environmental Activist  
Thomas Jefferson – Early American Politician  
Steve Jobs – Former CEO of Apple  
James Joyce – Author of “Ulysses”  
Alfred Kinsey – Sexologist & Biologist  
Stanley Kubrick – Film Director  
Barbara McClintock – Scientist and Cytogeneticist  
Michelangelo – Sculptor, Painter, Architect, Poet  
Wolfgang Amadeus Mozart – Classical Composer  
Sir Isaac Newton – Mathematician, Astronomer, & Physicist  
Jerry Seinfeld – Comedian  
Satoshi Tajiri – Creator of Nintendo’s Pokémon  
Nikola Tesla – Inventor  
Andy Warhol – Artist  
Ludwig Wittgenstein – Philosopher  
William Butler Yeats – Poet

The excuse of letting Autism control your life is bullshit. “But not everyone’s Autism is the same! People look down upon you for having it! People can’t make something of themselves with Autism!” Alright then. Let’s play that game! I myself have Autism. But I know how to control my emotions. I know how to take care of myself. I know how to cook. I can drive a car. I can work at a functional job. I can go out in public and have conversations.

So the excuse of Autism is not allowed. But these are just general thoughts. You’re probably wondering what exactly <REDACTED> has said to make me warrant this video. Well, I’ll reveal what she said to me personally at the end of this video. What I’m gonna do for now is mention what got her kicked out. As well as other bits of evidence. I can’t show you everything here for doxxing and private reasons. But I will try to show as much off as I can.

\*Start evidence here.\*

The most obvious things are things like shit talking to others. As we see here, <REDACTED> got a bit pissy when my friend <Wes> got to be a moderator. The dates shown here indicates

this happened 4 months ago. And often something in the past could build up and become a problem in the present.

Here she often gets mad about certain decisions on Growing Around. To speed things up, Growing Around is a story made by Mr. Enter basically in a world where kids are in charge. I'll talk about GA as a whole another day. Going in depth is not important right now.

A house with a new pet for example is gonna have the old pet try to get attention. <REDACTED> acts like that here with her trying to be as "Attention seeking." Which is something I'm sure we're all guilty of. But it's best not to do these kinds of things.

She's been warned many times about fucking up. But she refuses to change. Or rather refuses to get better. About that, you see sometimes a person thinks of "getting better" is different than actually improving in the real world. Remember how 2 years ago Toon Critic was caught looking at girl's genitals I.E. their vaginas I.E. child pornography and he stated that he was "gonna be better?" Well his way of getting better was deleting everything and avoiding the police.

<REDACTED> keeps bringing up depression and she keeps seeking us out for help. Okay, I am going to have to sound really harsh right here. And it may seem like a buzzkill or a failure of <Wes>, but it needs to be said. "We Are NOT therapists!" I know I said this earlier in the video, but I do believe that it needed to be said twice. Because people often look on the internet for advice on depression instead of going to an actual therapists and seeking therapy for advice.

"Therapists are expensive and therapists don't actually help" is often the excuse that I hear for why people like <REDACTED> avoid then. Ok, that's not 100% true as <REDACTED> has stated that she used to see a therapist. The advice that you get from either the internet or therapy is technically speaking the START to fixing you. You can't just go online or to see a real therapist and expect all of your problems to magically disappear.

Fixing your problems comes from you first. Other people may unfortunately block that but we'll get to that later.

So what I'm going to do now is to do my best to give advice to those that have depression.

The first being is to actually do the things that you love. It can be on anything really. (Improv each example.)

- Playing Video Games
- Eating
- Masturbating
- Talking to friends
- Going outside
- Sports
- TV

- Ranting on something badly funny
- Sleeping
- Reading A Book
- Watching trains
- Playing with pets.

All of these things can make yourself happy. These aren't the CURES to depression. But they are the STEPS to curing it.

Obviously, you need to have a limit. Doing any of these for too long or doing too much of it can be bad. And there are definitely more examples that I'm sure you can name.

One thing that is NOT a good thing to do is harming others. The worst thing that you could do is tell someone to kill themselves. I never appreciated assholes like that. This leads to things like trolling. Last year, a Youtuber by the name of Etika committed suicide because of the internet getting to him and everyone harassing him.

<REDACTED> has been shown to being down. Thinking that the world is shit and that the world gets shittier every day. Or stupider. Or in the words of George Carlin: "Imagine how stupid the average person is. Now realize half of 'em are stupider than that." Do I understand where <REDACTED> is coming from? Of course I do. I live in the 2020's and lived through the 2010's. I know how the world is.

Trolls can do destructive things. Recently, a Youtuber by the name of Pogo got his channel hacked by some Russian Youtuber and this hacker deleted all of his videos and ran a podcast that ran for about 12 hours advertising bitcoin. This hacker also changed the channel's name and thumbnail. And deleted the channel around 12 hours later after that. Pogo reached out to Youtube for help on this matter. Youtube refused to help, and his channel is still deleted to this day. This all happened this month by the way. Pogo had 850K subscribers when this happened. His channel lost 15K in one day (it's rounded because of Youtube's new stupid rounded down rules.) and he can't get it back. He's been active on the site since 2007. Even Disney's official Youtube channels uploaded his videos there. This is living proof that you can work for Youtube over a decade, they can love you and promote you for over a decade, but they can ruin your career in over 1 night. This is living proof. Imagine if this hacker went to OTHER Youtube channels! This is proof that your lives can be ruined by just ONE person in the world that hates you and is good at hacking. The world currently has 7.8 Billion people. A quarter of the people in the world have their own Youtube accounts. So it can happen at anytime by anyone from anywhere.

Now I'm gonna stop talking for a few minutes and give you guys a listen to 2 of my friends who were affected by <REDACTED> who knew <REDACTED> more than I did and why we left her and why we don't communicate with her anymore. As of now, <REDACTED> has left us alone. I don't know if she still uses Deviantart or Discord or Twitter or whatever. All I know is that she

ain't talking to us anymore. First up is <Wes>. And then my friend Grace. And then we'll get back to me to end it off.

\*<Wes>'s Speech.\*

And now for Grace than me.

\*Grace's Speech.\*

And now for 2 things to talk about from me: Family and my evidence.

Recently my mother has been pushing me to be "more caring" about my father and brother. My father I had to block on my phone today for him being an asshole to me and saying that I "don't care" about him. And my brother who has been abusive to me since the day that I was born and never fixing his shit. He assaulted me in 2017 for when I went back up there to visit a friend of mine who died in a horrific car accident and I wanted to pay my respects.

My old yearbooks with me and her together were still left at the old house that I lived at. I wanted to get all of them since my brother had nothing to do with them. He only allowed me to get "one." But I got them all since they were mine and I wasn't living there anymore. What he did while I was walking out the door repeatedly hitting me real hard over the head with the heaviest one of my yearbooks yelling at me to "GET THE FUCK OUT!" because he apparently thought I was stealing shit when in reality it was all mine.

He hit me over the head real hard 15 times in a time span of, I'm gonna say 30 seconds.